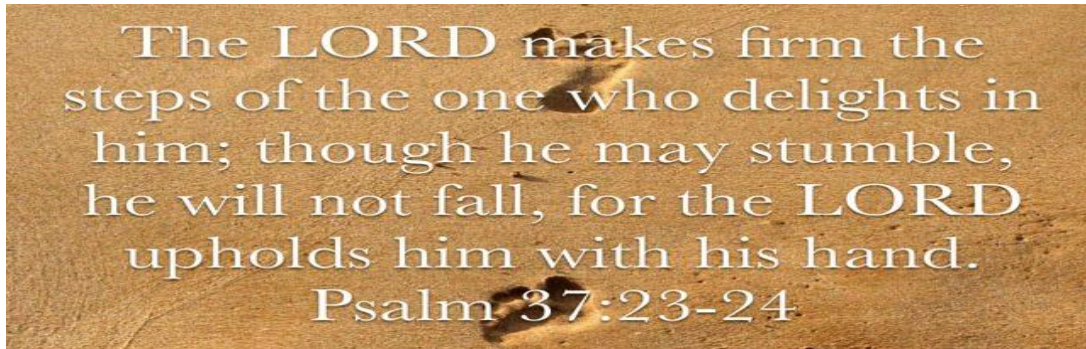


“The Lord upholds,” 22nd September



Leader, Greeting,

Lord Jesus Christ,

you said to your disciples, ‘I am with you always’.

Be with us this evening as we offer ourselves to you.

Hear our prayers for others and for ourselves,

and keep us in your care. **Amen.**

Loving God, we give you thanks for calling us to come together
in worship,

in reflection,

and in celebration as one fellowship.

Although we are in our separate homes your Spirit holds us firmly together,

Come among us

And dwell in us this evening and all our meetings whether it be remotely in our
homes or together in Church. **Amen.**

The lord be with you. **And also with you.**

Lighting of Worship Candles



Blessed are you Lord God,
creator of day and night:
By the light of Christ,
your living Word,
dispel the darkness of our hearts
that we may walk as children of light.
Amen

The Lord is my light and my salvation:

my God shall make my darkness to be bright.

The light and peace of Jesus Christ be with you. **All and also with you.**

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Preparation

The Lord almighty grant us a quiet night and a perfect end. **All. Amen.**

Our help is in the name of the Lord **All. who made heaven and earth.**

Reader. Most merciful God,
we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.

**All. Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

L. Lord have Mercy, **Lord have Mercy**

Reader. Christ Have Mercy, **Christ Have Mercy**

Leader. Lord have Mercy, **Lord have Mercy**

L. O God, make speed to save us. **All. O Lord, make haste to help us.**

R1. Said Hymn .

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

**All. Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

Psalmody Psalm 37

L. The refrain : The Lord makes firm the steps of the one who delights in him;.

All. The Lord makes firm the steps of the one who delights in him;.

“The Lord upholds,” 22nd September

L. 23 The Lord makes firm the steps
of the one who delights in him;
24 though he may stumble, he will not fall,
for the Lord upholds him with his hand.

25 I was young and now I am old,
yet I have never seen the righteous forsaken
or their children begging bread.

26 They are always generous and lend freely;
their children will be a blessing.

All. The Lord makes firm the steps of the one who delights in him;.

Leader Give us today, O God,
a glad heart and a clear conscience,
that when we come to this day's end we may rest in peace with Christ our Lord.

All. Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.

L. Save us, O Lord, while waking,
and guard us while sleeping,

All. that awake we may watch with Christ
and asleep may rest in peace.

Be present, O merciful God,
and protect us through the silent hours of this night,
so that we who are wearied
may rest upon your eternal changelessness;

All. through Jesus Christ our Lord. Amen

Gloria L. Glory to God in the highest,
And peace to his people on earth, Lord God, heavenly King,
Almighty God and Father.

We worship you, we give you thanks, **All** we praise you for your glory.

Reader. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,

All you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

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Reader. For you alone are the Holy One,
you alone are the Lord, you alone are the Most High,
All Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

Leader. Collect.

O Lord, we beseech you mercifully to hear the prayers of your people
who call upon you;
and grant that they may both perceive and know what things they
ought to do, and also may have grace and power faithfully to fulfil
them; through Jesus Christ your Son our Lord, who is alive and reigns
with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen

Leader. May the Lord be in our minds, on our lips and in our hearts as
we hear the words of the holy gospel of our Lord Jesus Christ
according to Mark.

All. Glory to you, O Lord.

Leader Gospel according to Mark 2. 23-28

Jesus Is Lord of the Sabbath

23 One Sabbath Jesus was going through the grainfields, and as his
disciples walked along, they began to pick some heads of grain.
The Pharisees said to him, “Look, why are they doing what is
unlawful on the Sabbath?”

He answered, “Have you never read what David did when he and his
companions were hungry and in need?
In the days of Abiathar the high priest, he entered the house of God
and ate the consecrated bread, which is lawful only for priests to eat.
And he also gave some to his companions.”

Then he said to them, “The Sabbath was made for man, not man for
the Sabbath.

So the Son of Man is Lord even of the Sabbath.”

This is the Gospel of the Lord. **Praise to you, O Christ.**

“The Lord upholds,” 22nd September

Let us Pray

Leader. O Lord our God,
source of all goodness and love,
accept the fervent prayers of your people;
in the multitude of your mercies look with compassion
upon all who turn to you for help;
Lord, in your Mercy, - **Hear our prayer**

Reader . Loving God we pray for the hungry in our world – may they receive the help that they need;
for those who hold the power to feed others – let them be guided by your grace;
for those who struggle with food and eating – may they receive support;
for those who suffer sickness, loneliness, grief or fear – may they know your nourishing love.
Lord, in your mercy **All hear our prayer.**

Reader . Loving God we place in your hands those who are sick. We ask that you ease their pain, and heal the damage they are suffering in body, mind or spirit. Be present with them through the support of friends and in the care of doctors and nurses.
In a moment of quietness, we name in our hearts those we know who are in need at this time.....

Moment of Quiet

Lord, in your mercy, **Hear our prayer.**

Leader. Lord we bring before the named sick
Any names given for Prayers Names .
May Christ's healing hand rest upon them,
and give Them wholeness of body, mind and spirit
and also give their families peace and comfort
Lord in your mercy. **Hear our prayer.**

Leader. We pray for all who have departed this life, for past members of this community, and those whose anniversaries fall at this time.

† Eternal rest grant unto them, *O Lord*,
and **LET LIGHT PERPETUAL SHINE UPON THEM**
may they rest in Peace
AND RISE IN GLORY. Amen

“The Lord upholds,” 22nd September

We pray to you, our God, for those who are mourning the death of someone close and dear to them, may they find comfort in your unconditional Grace.

Father, we rejoice all our prayers in fellowship with St Matthew,
In your unfailing love for us,
hear and answer our prayers through your Son,
as we honour his mother and say:

**Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. Amen**

Merciful Father **accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Leader. God will speak peace to his people,
to those who turn to him in their hearts.
The peace of the Lord be always with you.
and also with you.

L. The Lord be with you **All.** and also with you.

L. Lift up your hearts. **All.** We lift them to the Lord.

L. Let us give thanks to the Lord our God.
All. It is right to give thanks and praise.

Leader. Pour out your Holy Spirit
The Light of God surrounds us;
The Love of God enfolds us;
The Power of God protects us;
The Presence of God watches over us;
All. Wherever we are, --God is----

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Believing the promises of God, let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
Hallowed be thy Name;
Thy kingdom come;
Thy will be done on earth as it is in heaven:
Give us this day our daily bread;
And forgive us our trespasses,
as we forgive them that trespass against us;
And lead us not into temptation, but deliver us from evil;
For thine is the kingdom,
the power and the glory,
Forever and ever. Amen.**

Jesus Said “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.” *John 8.12*

Prayer of Spiritual Communion

Leader Let us say together the prayer of the act of Spiritual communion.
Jesus, we believe that You are present in the Most Holy Sacrament.
We love You above all things, and desire to receive You into our souls.

All. Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to
You.
Never permit me to be separated from You. Amen.

Leader Be still and rest in the love of God.
Soul of Christ,- **sanctify me.**
Body of Christ,- **save me.**
Blood of Christ, -**inebriate me.**
Water from the side of Christ,- **wash me.**
Passion of Christ, -**strengthen me.**
O good Jesu, hear us. **Within your wounds hide us.**
Suffer us not to be separated from you.
From the malicious enemy defend us.

“The Lord upholds,” 22nd September

All In the hour of my death call me and bid me come to you,
that with St Matthew and all your Saints O most merciful redeemer,
friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day Amen.

L. Almighty God, through Your Blessed Sacrament,
keep us united with all our brothers and sisters here at St Matthews and
throughout the church.

**Bind us together in Word, Sacrament and Love, until we are
reunited again in Your church. . Amen.**

Moment of Silence

Leader The Lord be with you. **All:** And also with you

Reader. Loving Father,
we thank you for sustaining us with your Spirit,
that we may serve you here on earth until our joy is complete in heaven,
and we share in the eternal banquet with Jesus Christ our Lord. **Amen,**
NOTICES .

Leader. Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

Reader. From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know. **All Amen..**

Leader. Let us go in peace.
We go into the world to walk in God’s light,
to rejoice in God’s love and to reflect God’s glory. **Amen.**

X-X-X-X-XX-X-X-X-X-XX-X-X-X-X-X-X-X-X—X-X-X-X-X-X-X-X-

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Leader. Do you come to Christ, the way, the truth and the life?

Loud Response by All. I come to Christ.

Leader. Christ we pray you give us grace to grow in holiness,
to deny ourselves, take up our cross, and follow you,

All. and that the blessing of God Almighty, the Father, the son and
the Holy Spirit will be among us and remain with us, always. Amen.

Let us Bless the Lord—**All** Thanks be to God

and The grace of our Lord Jesus Christ, and the love of God, and the
fellowship of the Holy Spirit, be with us all evermore.